

# SHN Log - UK to Singapore

One of our SUKA member has provided the steps they have followed to return to Singapore, and this guide will be an useful checklist for those unsure. Note that the prevailing landscape may change and always check the [relevant government websites](#) for the latest details.

## 14 STEPS

- 01** Book your flight ticket. We booked ours via [Singapore Airlines](#).
- 02** If you have special requests during your 14-day hotel stay that can be backed up with medical proof you can send it through [a needs form](#).
- 03** Pay for the upon arrival PCR Swab test before you travel. Keep the QR code handy to present upon arrival. This swab test will cost SGD 160 per person. Under 6-year-olds are exempt from the swab tests.
- 04** Install and activate the following apps on your smart phone.
  - Trace Together
  - WhatsApp
  - HealthHub
  - StayHome@SG

It helps to have a Singapore number and Singapore bank account.

- 05** Fill in the health declaration for every passenger 2-3 days before your departure. Submit the form separately for each person and print and keep it with you.
- 06** Check in online for your flight.



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- 07 At Heathrow Airport for check in.** Only passengers allowed into terminal building. Most restaurants and shops are closed. Duty free, WH Smiths, Boots and a few cafes were open. There will be temperature checks at the boarding gate before boarding. All amenities for your flight like headphones, water, masks etc are available at the end of the aerobridge before stepping into the aircraft. All stewards and stewardesses will be wearing full PPE kits throughout the flight.
- 08 Arrival in Singapore.** After disembarking the flight, you are taken to a gate/holding room. They will check your temperature, paperwork and divide you into groups. Each group has a group leader who will escort you from the gate to the PCR swab test area first. After getting swabbed your group will be escorted to clear immigration. Then you will be escorted to claim your baggage. Once everyone in your group has got their bags you will be escorted to the coach stand and be allocated a minibus/coach. They will load your suitcases after you have taken a seat in the minibus/coach. You will then be taken to your mystery hotel.
- 09 Checking into the hotel.** Your room would have already been assigned. You will be given your room key, information sheet for the hotel and about SHN. It will consist some key helpline numbers. The hotel will ask for payment to be made. If you can't make the payment at that point for some reason, they will send you an online link to make the payment. The charges are SGD 2000 per adult and SGD 600 per child under 12. If you request for a bigger room/adjoining rooms etc there might be an extra charge. Payment can be made only by card.



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**10** During your hotel stay. You will get 3 meals a day, you can tell the hotel of any special dietary requirements you have. Kids meal options are sometimes available. The hotel will do your laundry at S10 per bag. The hotel will not clean your room or change your bedsheets. You can ask for fresh towels and bedsheets whenever you like. You can ask for the vacuum cleaner to clean your room. You will get unlimited wifi for unlimited devices.

Someone from ICA will do a video call you once in a while via whatsapp to check on you. They can also call your hotel room phone to check on you. So do keep your phones handy and do return any missed calls.

The way to calculate the date of your check out... the day you arrive is Day 0 and then the following day is Day 1.

You are allowed to receive deliveries. Your friends and family can drop off food or other items. You can also order food or other items via delivery companies like Grab, Lazada, Shopee etc. However, you will not be able to pass anyone anything from your room.

To prevent contact with anyone your food and deliveries will be left outside your door and they will ring your doorbell/knock to let you know that something has been left outside your door.

You can leave any rubbish you have outside your door daily. You can leave your used towels or bedsheets to be changed outside your door.



A few tips:

- Bring some cutlery like a plate, bowl, spoon and fork.
- Bring some cleaning cloths/wet wipes.
- Bring some dishwashing liquid and sponge.
- Bring lots of games and activities for children.

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- 11 PCR Swab test on 13th day of SHN.** You will be asked to take a PCR swab test on the 13th day of SHN either in one of the function rooms in the hotel you are staying at or at a dedicated facility for which they will arrange transport free of charge for you.

Someone from MOH will call you to let you know when and where your Swab test will be the day before the test. You need to pay for this swab test which costs SGD 125 per person. Under 6-year-olds don't get tested. [Click here to pay for this.](#)

The results of your swab test will be out within 24 hours and you can view your results via the Health Hub App. But if you don't have it, you could wait for someone from MOH/ICA or the hotel to call you and tell you.

- 12 Check out of the SHN hotel.** The hotel will inform you of your check out time once they receive your negative covid test result. At the time they allocate to you, you should take all your bags and go down to the reception where the hotel will first check you out and ask you to pay for anything you spent during your stay like laundry, room service etc.

- 13 Tagging for 7 day stay home notice.** This is a new rule for UK arrivals. After check out ICA will tag you and hand you your 7 day stay home notice. They will explain how the tag works after confirming your personal details and asking for the address at which you will be staying for the 7 days. After this you can take a taxi from the authorised taxi companies to your residence.



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**14** **7 day stay home notice.** You MUST stay at home all the time. As much as you can you must stay in a room with an attached bathroom and not interact with the others in your home. If you need to move around the house you will need to wear a mask.

While at home you will get home visits or video whatsapp calls almost daily. You will be called to be informed when you will need to do another PCR swab test and where to go for it and how to travel to get there. You need to pay for this swab test which costs SGD125 per person. Under 6-year-olds don't get tested. [Click here to pay for this.](#)

The day you return from the hotel is Day 0. On Day 7 at noon you can cut off the tag on your own. They will collect the tagging device plugged in your house after Day 7. You are free once you have a negative Covid test result which you can check via the Health Hub App and you have completed your stay home notice until Day 7 noon.